

Revitalising Parish Activities

The **See Judge Act Training Manual** is more than a guide—it's a catalyst for renewal. Here's how it can energise key parish initiatives:

1. Building Community Connections

- **See:** Parish groups identify local needs, such as supporting the elderly, assisting refugees, or engaging disaffected youth.
- **Judge:** Reflective sessions connect these needs to Gospel values, such as “*Love your neighbour as yourself*” (Mark 12:31).
- **Act:** Groups might organise community meals, establish mentoring programmes, or create support networks for vulnerable individuals.

2. Deepening Faith Formation

The manual incorporates faith-based inquiry modules that link Scripture and Catholic Social Teaching to real-world applications. For instance:

- **Workplace Ethics:** Reflect on the dignity of work and strategies to promote fairness and respect in professional settings.
- **Caring for Creation:** Explore environmental challenges and implement parish-led eco-friendly initiatives inspired by *Laudato Si'*.

3. Aligning with Jubilee 2025 Themes

The manual complements Jubilee 2025's focus on hope, renewal, and action:

- **Hope in Action:** It provides a clear framework for addressing societal issues with faith-centred solutions.
- **Practising Mercy:** Groups are encouraged to engage in works of mercy, echoing the Jubilee's emphasis on outreach and reconciliation.

How Parishes Can Benefit

The **See Judge Act** method offers a unique opportunity for parishes to transform passive participation into active engagement:

- **Foster Stronger Connections:** Strengthen relationships within the parish and the wider community.
- **Cultivate Purpose:** Help parishioners feel more connected to the mission of the Church.
- **Drive Change:** Demonstrate a commitment to social justice and meaningful action.

By using the manual alongside resources from the Jubilee 2025 Parish Pack, parishes can create a holistic approach to faith and service, empowering communities to be symbols of hope in the modern world.

Getting Started

- Introduce the **See Judge Act** method to small parish groups or ministries.
 - Link sessions with Jubilee 2025 celebrations and themes.
 - Share success stories to inspire wider participation and sustained engagement.
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Conclusion

The **See Judge Act Training Manual** is a powerful tool for parishes seeking to rejuvenate their mission and bring faith into action. Its timeless methodology bridges reflection and meaningful change, equipping parishioners to make a tangible difference in their communities while deepening their spiritual lives.

As Cardinal Joseph Cardijn reminds us: *“You can make a difference!”*

“Cardijn Community Australia members are available to provide training in the See-Judge-Act methodology.”

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Cardijn Community Australia, Transforming Parish Life with the See Judge Act Training Manual.